

MOMMA: THE LAST SESSION

Can you believe it, you're already approaching your last session with your mentee. Here's some handy tips to help you both wrap things up.

- 1 Is this the end?
- 2 Review their achievements
- 3 Last minute tips
- 4 Feedback

1 **First up decide whether you think this should be the last session/ whether you'd like it to be.**

- If you're happy to keep supporting your mentee outside of the 6 month WYMM programme then check with your mentee whether they'd like to continue the relationship too. Discuss how it could work - perhaps meet every two months or check in over email every now and again. No pressure though, the decision is totally yours.
- If you feel that the mentorship has run its course then have a chat to make it clear why it's ending (e.g its the end of the 6 month WYMM programme/ you feel they're making great progress and don't need your help anymore) and when it will be ending.

2 **Go back to those all important goals again and celebrate what's been achieved.**

- If there's still work to be done, let them know that's ok and chat through a plan of how they're going to go about it.

3 **Are there any last tips you have for them that you think will help them going forward**

- Recap/suggest any extra reading they can do
- Recap/suggest any tools you think they'll benefit from
- Have you got any other contacts you'd be happy to share with them which may help them on their journey?

Feedback to each other

- How have you found working with each other?
- What have you both found has worked really well?

If you haven't already you might like to consider connecting on LinkedIn so you can see each other's progress.

We hope you've enjoyed being part of the programme. We really value your feedback so please get in touch with the WYMM team with any thoughts you have.